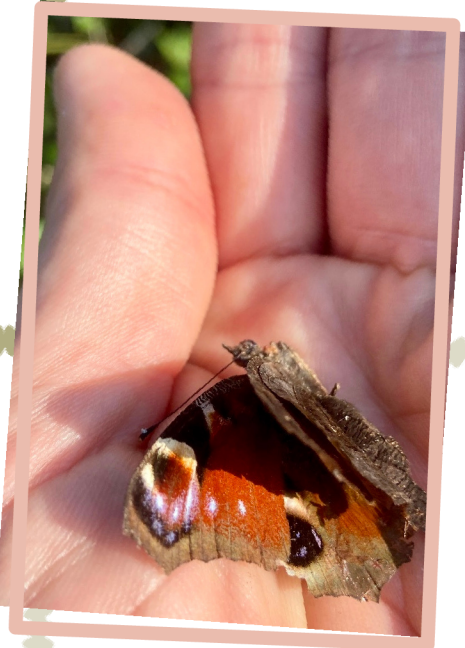


Making a Collection

Making a collection, on a walk or across several walks, can help us to slow down, pay attention to our senses and surroundings, and benefit our wellbeing



A collection can be temporary, kept for the walk and then returned to the land after a photo has been taken or a drawing made. Or it can be housed in a box, bag or envelope and kept at home



Museum collections and labels can offer extra inspiration. These flint tools are at Wiltshire Museum in Devizes



You might collect objects of the same shape or colour, or choose one type of object or material. Feathers or metal objects for example